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Allan Freeman - keeps quietly achieving

Allan volunteered to become a Leader with the local 2nd Prospect Sea Scouts in 1987 when his son Rodney wanted to join. His second son Terry joined soon after, and both boys progressed through the various levels of Scouting, eventually following their father's example to become Leaders themselves.

Witnessing many Leaders leaving Scouting, Allan eventually took over as Group Leader and together with his wife Margaret and their two sons, the Freeman family held the 2nd Prospect Group together for many years.

Like many community organisations, there were times when Scout enrolments were so low, and with few Leaders to run activities, that some suggested that the Group should disband. Allan refused to allow this to happen.

Taking on a range of roles, including:

- overseeing an organisation with almost no income and significant operating expenses,
- managing all property and maintenance issues concerning the Scout Hall and facilities - a host of camping equipment, a fleet of sailing boats, canoes and their trailers
- recruiting and training Leaders,

- constantly negotiating a maze of legal, organisational and insurance regulations,

Allan and his family would not give up and they simply kept going - constantly proving a program of exciting activities for children in the Prospect, Blair Athol, Kilburn and Enfield communities.

Times were sometimes very tough, but gradually fortunes began to turn as more leaders joined in recent times and Cub and Scout enrolments increased. More parents became involved and shouldered some of the workload that Allan and his family had been bearing for so long.

Allan's 18 years of Scouting leadership has seen him provide opportunities for hundreds of local young people to join in an huge range of activities, including:

- 20 annual State Sea Scout regattas
- 10 annual 3-day State Scout hikes
- 3 State, National & International Jamborees
- over 130 camps for 2nd Prospect Joeys, Cubs, Scouts and Venturers
- thousands of hours of water activities - sailing, rowing and canoeing

Allan's enormous contribution was recognised by Scouts SA in 2004 when he was presented with the Silver Arrowhead

Award, although these efforts would be largely unknown outside of Scouting circles.

For the past 27 years Allan has also been heavily involved with the North Adelaide Football Club - acknowledged by the club in 1998 when he was granted Life Membership.

Recently retired from Scouting, Allan has now joined the Prospect / Blair Athol Lions Club where he will continue to help others in his community.

A quiet and unassuming family man, Allan is modest and self-effacing. He is the first to help others in need and never complains when things don't go according to plan. Allan's quiet sense of humour, his generous and positive outlook on life and his resolute determination in persevering when others have quit, have earned him the respect and affection of everyone whose lives he has touched.

These qualities make Allan Freeman an inspirational man and a local legend.



He keeps people laughing and this is important as it helps people get through a crisis

Mr Hector Lindsay

Hector is an 83¾ years old man who cared for his wife for 14 years as she had cancer and passed away in 2004.

I met Hector through Carers SA and found him to be a most caring person. He is always doing for others, neighbours and friends – taking the shopping and doing handyman chores for them and also driving them to appointments.

He has helped me out on a couple of occasions for which I am most grateful. He doesn't accept money – he just does it because he likes helping people.

I think he deserves an Award for the above.

PS. Hector has a good sense of humour. He keeps people laughing and this is important as it helps people get through a crisis.

Rosemary Woods

William is an inspiration to all of us

I know William because we are both involved in Keep Safe, Stay Cool – a peer education programme that is educating young people about domestic violence so that we can then organize education sessions on this issue at local schools.

William is a person I admire because he does so much for his family and the community. He is 17 years old and he is a young carer for his mother who has arthritis, his father who is disabled and his brother who is autistic. William has become an ambassador for the Carers SA.

William is a funny guy who always seems to make you laugh. He wants to study youth work at TAFE and is waiting to

hear if he has been accepted. Last year he was at school. His average day is like the following:

- 6.00am. Get up and supervise breakfast for John (brother) and Tegan (sister)
- 7.00am. Feed the pets, sort out laundry and hang out washing.
- 7.30am. Wake up Mum and Dad.
- Help Dad get ready.
- 7.45am. Make Mum and Dad's breakfast
- 8.00am. Walk Tegan to school
- 8.30am. Go to school
- 3.00pm. Pick Tegan up from school
- 3.30pm. Shop for groceries
- 4.00pm. Help with homework for John and Tegan.
- 5.00pm. Make family dinner
- 7.00pm. Free Time
- 10.30pm. Help Mum and Dad to bed.
- 10.45pm. Massage Dad's feet.

This is an exhausting schedule. William deserves this Man Alive Award because he does so much for his family and deserves to be acknowledged and recognized within the community for his amazing contribution as a young person. He is an inspiration to all of us that bitch about our families regularly.

Ashley Katz

Mr John Bradley

Three years ago I met a lovely gentleman who I fell head over heels in love with. He is a one off who loves his family gives out to them in so many ways and also anyone he can help.

He has done meals on wheels, cancer patients and worked hard all his life never been on the dole. He has not smoked or drank all his life and goes to Semaphore Catholic Church every Sunday never misses and collects the offering. He does all of his garden and all of his housework himself. He has lovely fruit trees and plants he looks after. He loves to laugh and talk - can he talk?! He did kiss the blarney stone three times and of course he is Irish.

He spends his days visiting others and lifts me up when I'm feeling down.

John loves the old country and has many relations who love their dear old Uncle John. He eats his veg every day and it must pay off as he is the ripe old age of 85 will be 86 this July.

I've never saw him get really angry in the three years I've known him. He is as fit as a fiddle and still drives his car.

To me he is 'Mr Wonderful' and I love him so much. He was married for 50 years.

Jean Hunter



A
great
man
in my



life is Ian Turvey.

Loving Family-man, Generous, Energetic, Giving, Fit, Multi-skilled, Christian, Humorous, Kind, Healthy, Compassionate. Ian is a helper and a doer. For example: There are ten or more pensioners he does odd jobs for including gardening, gutter repairs, helping move house, car repairs, carpeting, computer repairs; whatever is required. He recently assisted an orchardist with picking his crop when the weather brought on all the fruit too quickly. He is on call for urgent maintenance for a number of pensioners. He visits housebound and injured folk. He is the handyman for Modbury Church of Christ, carrying out numerous tasks such as installing electronic equipment, computer maintenance, taking up the roof to lay cables and so on. Ian also assists other with larger needs: After the Yorke Peninsula Bushfires of January 2005 Ian went to the area 4 times (at his own expense) for a week at a time helping with the rebuilding of fences for farmers. He was involved as a senior rider (helping less experienced riders) in the Bike for Bibles Adelaide to Melbourne ride (2006) which raised \$80,000 for literacy programs in Zimbabwe.

He helped with the packing of 2 container loads of tools and equipment for the NGO Cornerstone Foundation – supplies for their orphanage and technical school in Uganda. He spent 2 weeks in late 2006 on the Edge Church's renovation project at the Women's and Children's Hospital. He has assisted a housebound Invalid Pensioner who has a passion for railways and the making of railway tracks for a Microsoft Simulator, by traveling railway lines between Mt Barker and Golva and Tailed Bend and Service ton, taking hundreds of photographs for this person's computer project.

AND MORE!!!

Carole-Anne Fooks



Kevin Liston has made an enormous difference to the lives of thousands of refugees and migrants who have made South Australia home

As the Director of the Australian Refugee Association (ARA) for the last 24 years he has compassionately led an organisation dedicated to the welfare of some of the world's most marginalised people - refugees. Kevin is a gifted speaker and has the ability to incite compassion and understanding

in others, so that they too are inspired to support refugees however they can.

Kevin communicates eloquently at all levels from grass roots to newly emerging communities right through to the Minister for Immigration and Citizenship. His influence is both local - helping refugees with migration, settlement and employment issues, as well as national and international through his advocacy, policy advice and work in Kenya's Kakuma refugee camp.

In 1998 Kevin started ARA JOBS, the only Job Network specialising in placements for culturally and linguistically diverse job seekers, which has assisted thousands of migrants and refugees to become independent and contributing members of Australian society.

Kevin is not driven by ego or acclaim but instead consistently works to help others realise their full potential. The support Kevin gives to his staff, to also realise and express their full abilities, means he is much admired by his workers. His drive and enthusiasm is infectious. ARA staff could earn more money in other workplaces but instead choose to help Kevin to strive and help others. He has that effect on people.

A Great Northern Man



A great man in my life is Robbie Noakes, Robbie first came into my life and into the world of the Hepatitis C Council in 1998.

Generous, engaging, reflective, courageous, open and witty are the words that come to mind when I think of Robbie and the work he undertakes with the Council. Robbie currently works (in a voluntary capacity) as a 'Positive Speaker' with the education team of the Council. In this role Robbie speaks to rural health and community workers about his personal experience of living with hepatitis C, providing important insight into experiences unique to people living in smaller, rural communities. Through Robbie's presentations, workers' attitudes are challenged and their practice is often sharpened in relation to people with hepatitis C. Being a hepatitis C 'consumer health advocate' is no mean feat for most people but to take on this role in a rural setting is really something special. Robbie has also been an active participant in a recently established

hepatitis C peer support network for people in rural communities.

When Robbie first came to the Council, he was extremely unwell, he'd been unsuccessful on an early form of treatment for hepatitis C (Interferon mono-therapy) some years earlier. He came seeking new information and to link with others going through a similar experience. Over time and re-energised by new knowledge, friendship and peer support, Robbie commenced treatment for a second time in 1999. This time it was successful.

Leslie Wightman



Ralph Sutton

A great man in my life and in the lives of the many he has touched, is Ralph Sutton.

Ralph Sutton embodies the qualities of the "Man Alive! Award", namely his commitment to improving the quality of life for others. Through his volunteering roles Ralph has spent countless hours offering friendship and care to those in need.

For the ACH Group Respite Choices program Ralph has been a travelling companion to the elderly and disadvantaged, taking them out for the day, or on short holidays, giving carers a welcome break, and assists with 'Hobnobs' musical program at the Glenelg Community Centre.

Ralph is also a LifeLinks volunteer with the City of Holdfast Bay. LifeLinks is a unique program where volunteers offer friendship and support to help socially isolated people who live in Supported Residential Facilities (SRFs).

Ralph is a valuable member of the team which regularly visits an SRF in Glenelg. He has built special relationships with the residents, helping to break down barriers that have for a long time isolated those who suffer mental illness, disability, poverty and reduced social supports.

Ralph describes himself as 'likeable' and he 'enjoys meeting people'. His fellow team members describe Ralph as humble, a good listener, a quiet and patient man with a special sense of humour. These qualities have endeared Ralph to those he meets and enabled him to form special bonds. The involvement of volunteers such as Ralph assists in building support networks to sustain and improve the quality of life for many.

(Photograph shows Ralph standing with two of his friends, Tien and Russell)

Uncle Clem is an example to us all as he quietly goes about helping others in his own special way

We at Adelaide CDEP nominate Uncle Clem O'Loughlin for the Man Alive 2007 Award. He has definitely "made the community a better place to live in by his positive actions". Uncle Clem is a "72 year young" indigenous man with a cheeky Irish twinkle (from his grandfather) who enjoys life to the fullest. Clem was born in Wallaroo Hospital in 1934 and went to school on Wardang Island. In his youth Uncle Clem loved spending time rabbit trapping with his dad at Kadina, Port Clinton, Port Broughton and Brentwood. As an adult, Uncle Clem worked as a shearer for twenty years and also sewed bags for the farmers around Yorke Peninsula; other jobs included working in the railways, highways, water works and as a grape picker in the Riverland. Uncle Clem is still working hard, long after many have retired! He has worked at Tavondi College for 33 years and is currently on the Board at Adelaide CDEP where he is also employed in an administrative / training capacity helping indigenous trainees to get car and truck licences (a key to greater employment opportunities). In addition, Uncle Clem will be providing support to the new Aboriginal Army Cadet Unit being formed at Cavan by becoming a sponsor and mentor to the young cadets.



Sorry girls but Uncle Clem is taken – married to Cecilia since 1957 (50 year anniversary this year). He has six children, 40 grandchildren and 15 great-grandchildren! An even greater achievement as the first three years of his marriage were spent apart from Cecilia, able to see her only with permission from the Superintendent, due to exemption papers that made him "white". With his cheeky smile and positive attitude to life Uncle Clem is an example to us all as he quietly goes about helping others in his own special way. Uncle Clem easily qualifies as our "Man Alive 2007"

Liz Storoschuk, Jan Hickey, et al. (and others)

About the Man Alive! 2007 Award

We invite you to tell us about a special man in your community:

"A great man in my life is"
- Great Stories to be seen, heard and told!

If you know a man who has made the community a better place to live in by their positive actions, or a man who has been important in your life, send this story (250 words or less) to us together with a photo. This man could win a Great Prize!



Man Alive! 2007 is a festival celebrating the positive contribution by men in our community, and promoting men's health and well-being. The event will take place on Sunday 18th March 2007 (Semaphore Foreshore Reserve). Submit your story and help us celebrate men who have made a significant impact in the lives of others without seeking recognition. Stories will be displayed at the event, acknowledging the positive contribution and difference they have made!